



Mohanad Khalaf

The Approach of the Three Temporalities



Copyright © 2021 Mohanad Khalaf
Translation: Al Manara Consultancy

Publisher: tredition GmbH, Halenreihe 40-44, 22359 Hamburg,
Germany

ISBN

Paperback: 978-3-347-24615-7

Hardcover: 978-3-347-24616-4

eBook: 978-3-347-24617-1

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher.

**Those who dared me to challenge and
prove myself...**

Introduction

The concept of the meanings of life is very complicated, and its complexity stems from that of the human soul itself. It's not bound by any specific human belief; it differs as beliefs differ. However, this concept might sometimes contradict images of the beauty of human nature; That's because its truth may be unknown to us, or might contradict our beliefs without a sound argument of proof. For instance, people always tend to do *good*, either in return for something or for nothing; this falls under what we might call '*doing*', one of the secrets of *being*. But evolution is *perfectly* doing that good.

Many examples are contained in this book, which comprises meaningful quotes that require the reader to dive deep to explore its benefit. Hence, it's the good that brings benefit to the three tenses and to the beauty of the human soul as well.

Chapter 1

Various Sayings by People

Happiness and friends:

1. Happiness consists of three things: sharing, selfishness, exploitation. The first is a knowledge-based style with a beautiful reciprocal energy. The second is turning inward with what one's self desires. The third is being satisfied at the expense of others.
2. Love is a beautiful melody, which is played on the chords of the heart to increase the joy of life and add meaning to it.
3. The lovely times that people spend give a feeling of security and affection. Feelings are invisible, even though people can travel away in their human imagination.
4. The beauty of a person is capable of putting a smile on people's faces, and love is capable of creating miracles and the impossible.
5. The existence of people close to your soul fills life with joy and happiness, and exchanging different kinds of feelings makes for one of the secrets of happiness

6. Loyal friends are those who befriend the soul and often feel each other's souls.
7. When one's feelings freeze or are lost, people turn into oppressors or oppressed without knowing. For feelings are the happiness that feeds one's soul.
8. To deepen successful friendship and human relations, you should explore the memories that embarrass you and turn them into happy joyful times.
9. The noble person is the one who gives without expecting anything in return, even though giving should be reciprocal. Affection between friends shall not be spoiled by comparing what each gives to the other.
10. There are different views on life, including that of simplicity; in other words, flexible coexistence and affection. Despite the fact that simplicity is not associated with intellect and its complexity, it still is considered a way of thinking.
11. Happiness might stem from being satisfied with oneself because self-satisfaction is equivalent to the feeling of emotional stability.
12. Festivals give people an opportunity to find times for joy and comfort.

13. Each individual lives under special circumstances governing his or her behavior, and if he or she couldn't offer an excuse himself, you should find one for him.
14. Life interests, unintended mistakes, or the absence are considered as excuses among friends.
15. Identities are the unerasable part of people's personalities, and practicing one's identity refreshes their soul. Not doing so does not mean losing them because people often long for what they love.
16. Self-innocence, good intentions and spontaneity, despite what some people might think, do not necessarily reflect what's in one's heart.
17. Reproach happens among friends and those close to you, and it may get more complicated. However, these kinds of relationships are often not subject to exploitation.
18. Pain and happiness are two contradictory words, and yet they are felt by the same person. While pain is felt at different levels, it still is a motivation to move forward in life.

19. Renewing one's energy is one of the reasons for happiness because feelings have control over people, no matter how good they are at their jobs.
20. Happiness has secrets, and people have dreams, and to succeed you need to create a balance between the two.
21. Comfort lies in a person's explanation of the meanings of life, and the development of a thought explaining these meanings in different ways guarantees comfort and inner peace.
22. The ability to create happy moments is a gift not possessed by all humans, even though the Self cares a lot for that gift. And to master it, you need to surrender yourself in exchange for finding happiness.
23. Worrying about the future means losing the happiness of the present time. While the meaning of happiness differs from one person to another, realizing that joy is specific to the human self.
24. The definitions of truth and lie are different. The first indicates good, pure intentions, while the other speaks of deceit by faking praise and distorting facts.

25. Flexible thinking is capable of turning feelings upside down either by enmity or hatred through mutual ends that serve the public interest.
26. Making complete peace with oneself ends one's feeling of the beauty of life. However, making war with oneself makes a person lose their sense of satisfaction.
27. The explanations of the meaning of life are different from one person to another. For example, some may find the meaning in the matters that make them happy, in spiritual matters, or in a knowledge they leave behind after they die. So, there are a lot of meanings based on what makes a person relieved.
28. The self is free and the intellect is inflamed. However, the self does not accept being perished by the intellect with its painful ideas, while the intellect never fears an unknown future or making a self-harming mistake.

Feeling and feelings

1. The way emotions play out are often random. However, the intellect manifests through organized feelings that serve the human being.
2. Spontaneous feeling is different to intended feeling. In the first is a messy convergence or divergence without restrictions, but in the second is an expression of routine inner or outer self, or its meaning.
3. Once a human being feels he or she has control, it actually means nothing. This is because being in control is not a feeling, rather an outcome of morality.
4. While still intangible, feelings are sensed. They keep the body's feelings in check and within the limits of future imagination and present possibilities.
5. The feeling of love is one of the noble feelings that people should not put down or downgrade.
6. The art of the message is the art of sending a sensible, emotive and beautiful message which amuses the self and brings joy to it.
7. Human feelings are noble feelings that don't always emerge, but are rather awakened and activated through dedicated study.

8. Empathy is an intellectual beauty through which one can recognize the limits of damage that might occur to oneself, their family, and their society as a whole.
9. A person loses his or her humanity when they do not feel what others feel because the self is always responsible for its feelings, and life is a school of practice.
10. Controlling your feelings is one of the secrets to success, and despite the very powerful energy generated by feelings, the results are often good once they are under control.
11. The curiosity for knowledge ignites the feelings within the human being, and the feeling of the self being attracted to knowledge is in fact a feeling of having power and control.
12. Humans' feeling develops by training. Motivation, even if it's only in one's imagination or has not yet materialized, is the most important basis in all stages of development.
13. The human feeling declines or rises by caring, and is controlled by the nature of exchanging different relationships with people.

14. Feeling overwhelmed is connected to how much responsibility a human being is bearing. And balancing between responsibilities and duties is one of life's meanings.
15. The logic of proper thinking is enough to make us feel comfortable and happy despite the interests and relationships that might form in the future.
16. There's an important role for feelings in developing human intelligence, and the power of controlling one's own feeling is one of the secrets of happiness.
17. The effects of feelings are generally random; however, intellect's effect is organized and is aligned with human interest.
18. A person's feeling of satisfaction is different to his or her way of life. For instance, the first indicates the undoubted fact of life's meaning, and the latter is about fulfilling the self and its instincts.
19. Life's hustle blinds people to the beauty around them; however, one's ability is increased if he or she just felt the meaning of the things around them.

20. The Feeling of love is a beautiful and noble human feeling, but it has special sensitivity and, if lost, love turns into hatred sometimes.
21. A human being is a mixture of positive and negative feelings, so try to enjoy the happy times.

The different feelings

1. Vanity is viewing the self as privileged over others, even though self-actualization cannot happen unless a person gets rid of the diseases of the heart while carrying out their duties without reluctance.
2. Neutrality is aversion to bias without evidence. Being neutral means being always conscious of causing no harm to one's or other's self.
3. Generosity is the act of giving, the outcome of which is feeling happy and satisfied. Spendthrift, on the other hand, is the act of giving reciprocated by a fake feeling of happiness and satisfaction.
4. Even though trust takes a leap of faith according to the different types of relationships between human beings, distrust is man's delusion and doubt without confrontation.
5. Although human beings differ in intellect, knowledge and culture, humanity recognizes the real similarities shared by all humans. Respect is one of the signs of nobility at times of external disagreement.

6. Righteousness is man's sincere attempt to arrive at a satisfactory value outcome. Wrongdoing is not exclusive to its doing but extends to being aware of it while in the act.
7. Mercy is one of the human traits. It is a sign of a strong-willed self. It becomes stronger through emotions but weakens because of desires.
8. Care changes from time to time, yet it is fixed when perceived by a curious mind. The best example is care for knowledge and science and developing one's self.
9. Vanity is judging things without really knowing them, with a logic contradicting science.
10. Curiosity is a spontaneous state of mind controlling the human will. The best is a curiosity of knowledge to improve the self without harming it or others.
11. Provocation means either suspecting or proving hostility by words or physically. So, it's wise not to rush when addressing issues and understanding intentions.
12. Honor is one's defence of what he or she thinks that they possess. Nevertheless, values and principles are different due to people's diversity, and power lies

within self-discipline and understanding people's feelings.

13. Hope is a sense of stabilization; however, establishing hope means being able to organize one's feelings and future ambitions.
14. There are two types of racism; a discrimination based on color and race in human society, and a discrimination based on the success in society strata.
15. Modern racism, in the age of legal development, is a feeling of inner pain which might affect the way of a person's life or the society as a whole.
16. Despite the many reasons for anger, which has a different time scale, calmness is key to know one's needs and interests.
17. Friendship with no pain is futile because pain is a motivation for feeling and awareness.
18. There are three types of solitude; forced, necessary, or voluntary. The first goes against the law, the second is beyond one's control, and the third can be one of two; temporary, which is like taking time off and recharging, or permanent, which risks losing life's meanings.

19. People's feelings about death are diverse. Even though it's an inevitable, it's a feeling that might control one's belief, feelings, and behavior.
20. Intuition, the beginning of inspiration, is a feeling. Even though intuition has uncertain results, it trains people to view humans through an analytic lens.
21. Confusion is a state of mind where negative, contradictory thoughts gather, even though the conscious part of the mind attempts to resolve that confusion. Meanwhile, the solution lies in finding time to ease the mind.
22. Love is a pure feeling that comes from the heart and sometimes brings happiness, hatred, uneasy situations, negative feelings, conflict of interests, and ignorance for people.
23. Ambition is one's vision of long-term goals and usage of mind to make these goals close. Even though ambition is fed by the power of patience, it's the base upon which life experiences are built.
24. Truth can be shocking for human beings, and human nature is always stronger than the truth.